

Local and Statewide Basic Needs

We've compiled some local and state-wide (Louisiana) resources below to help support your wellbeing. Check the [NOLA Ready](#) website regularly for updates on resources available related to financials, housing, food support, and more.

[Emergency Preparedness](#)

The Louisiana Emergency Preparedness Guide is linked below:

https://gohsep.la.gov/Portals/0/Documents/Prevent/2016EmergencyGuide_English.pdf

This guide provides valuable information about emergency preparedness, including

- sheltering information and evacuation routes
- supplies you might need
- identifying your specific needs and the needs of your family, and more.

This guide should assist you in planning so that in the event of an emergency, you have the information and preparation you need to respond and recover.

When it comes to preparing for emergencies, stay in the know! Follow these helpful resources below, so you can stay updated during a weather event:

- [Privateer Alerts](#): Receive email and text message alerts from UNO in the event of an emergency.
- [NOLA Ready](#): Sign up for emergency alerts from the City of New Orleans to stay updated on various events, from emergency alerts like boil water advisories and weather events, to COVID updates, road work alerts, and more. Select your specific topics of interest when you create a profile with NOLA Ready.

[VIA LINK 211](#)

Dial 2-1-1 or text your zip code to 898-211 to connect with a trained specialist who will help you identify what resources are available to help with food, health care, housing and utilities payment assistance, employment services, veteran services, childcare, crisis and emergency counseling, disaster assistance, and more. Dial 337-232 for help in the Lafayette/ Lake Charles areas.

[New Orleans Community Resource Guide](#)

This guide has been compiled with the intention of increasing public access to services that are free or low-cost in the New Orleans area. Most listings are for services located in Orleans and Jefferson parishes. Some state and nationwide services are also provided. This guide contains information on basic needs assistance (including case management, clothing, utilities), health

care, mental health care, reproductive health, resources for transgender and gender non-confirming people, food access, prescription assistance, substance use services, employment, legal aid, disaster relief, shelters, and more. [Click here for the New Orleans Community Resource Guide.](#)

[File for Unemployment](#)

If your workplace has temporarily closed or you have been told to take unpaid time off, you may be eligible for unemployment benefits. You can [research the requirements](#) and file a claim if you think you are eligible with your state's Department of Labor.

To file a claim in Louisiana: <http://www.laworks.net/> or call 866-783-5567

[Apply for SNAP Benefits](#)

Click on the "How to Apply for SNAP" link for a step-by-step guide on applying for SNAP benefits in Louisiana <http://www.dcfslouisiana.gov/page/get-snap>

Keep up to date with SNAP eligibility requirements by checking out the SNAP updates page regularly: <http://www.dcfslouisiana.gov/page/snap-updates>

[The Privateer Pantry](#)

The Privateer Pantry provides supplemental food support to all currently enrolled UNO students. The pantry is stocked with dry goods, canned goods, snack items, and personal care products. You may order up to 10-15 items once per week. For more information and to fill out a grocery order form, go to their website at <https://www.uno.edu/privateerpantry>

Follow the Privateer Pantry Instagram page for local food resources: [@uno_privateer_pantry](#)

[Local Food Assistance](#)

- **Dial 211.** For food assistance and other resources near you, dial 211 or text your zip code to 898-211 if you are in the New Orleans area. Dial 337-232 for help in the Lafayette/Lake Charles areas.
- **NOLA Ready.** The [NOLA Ready resource page](#) contains information on local food assistance options
- **NOLA Community Fridges.** NOLA Community Fridges has set up free food fridges around the city. Take what you need, leave what you can. Check out their Instagram page [@nolacommunityfridges](#) or website <https://www.nolacommunityfridges.org> for a map of fridge locations.
- **Recirculating Farms Coalition.** Urban farm working toward local, sustainable food production, health-supportive community classes, and agricultural training. Visit them at the Crescent City Farmers Market every Tuesday for information on food access in New Orleans and for assistance with SNAP applications!

Crescent City Farmers Market

Tuesday Schedule: 8am-12pm
Uptown Square, 200 Broadway St. at the River

Shelters

- **Armstrong Family Services**
(504) 899-2995
2215 Washington Ave., New Orleans, 70113
Services: Free; temporary shelter for up to 30 days; case management for families with children
- **Baptist Friendship House**
(504) 949-4469
813 Elysian Fields Ave., New Orleans, 70117
Services: Free; transitional housing for women with children; showers, clothing distribution, meals and nutrition education
- **Covenant House**
(504) 584-1111
611 N. Rampart St., New Orleans, 70112
Open 24 hours
Services: Free; Shelter for homeless youth ages 16-22; education, case management, medical clinic, job readiness, daycare, food and clothing
- **Hagar's House for Women**
(504) 210-5064
Intake hours Monday-Friday, 9am-5pm
Services: Free; 24 hour emergency shelter for single women (transgender inclusive) who are 18 or older, and women with children (male children must be 8 or younger); call to set up an intake appointment
- **New Orleans Mission**
(504) 638-9340
1130 Oretha Castle Haley Blvd., New Orleans, 70113
Monday-Friday, 9am-6pm office hours
Intake/ check-in from 3:30 to 5:30PM
Services: Overnight shelter for men and women; meals served daily to those staying overnight; first 21 nights free
- **New Orleans Women's Shelter**
(504) 522-9340
2020 S Liberty St., New Orleans, 70113
Services: Free; transitional housing for homeless single women ages 18 and older, pregnant women, and women with children; case management, parenting classes, employment program

- [Ozanam Inn](#)
(504) 523-1184
843 Camp St., New Orleans
Intake 8am-4pm, bed requests end at 4pm
Services: Free; emergency shelter for males; long term and short term stays; meals served daily; clothing available
Short term stays- arrive between 8am and 4pm to fill out intake form; intake starts at 4:45
- [Salvation Army](#)
(504) 899-4569
4500 S Claiborne Ave., New Orleans, 70125
Intake: 4pm-6pm daily
Services: Free for first seven nights; emergency shelter for men without children, women, women with children; case management for women with children for up to three months

Day Centers

- [Drop In Center](#)
(504) 827-1071
(504) 584-1112 (clinic)
1461 N Claiborne Ave., New Orleans, 70116
Services: Free; homeless and at-risk youth ages 14-24, including youth who are transgender and gender non-conforming; harm reduction philosophy; day center with food and clothing closets, counseling and mental health services; case management; mail, laundry, internet access; HIV/STI testing; check-ups and immunizations
- **Community Resource & Referral Center**
(504) 412-3700
1530 Gravier St., New Orleans, 70112
Monday-Friday, 7:30am-4:00pm
Services: multi-agency day center with various services and service providers, including showers, restrooms, laundry, bus fare assistance, [Traveler's Aid Society](#), Homeless Veteran's Program, [Pro Bono Project](#), and [Volunteers of America](#); free for unhoused individuals
- [JeffCAP \(Jefferson Community Action Programs\) Community Centers](#)
(504) 736-6900
Elmwood Park Blvd. Suite 402, Jefferson, 70123
Monday-Friday, 8:30am-4:30pm
Services: centers assist residents of Jefferson Parish with emergency food assistance, housing counseling, low income rent/mortgage and utility assistance, and first time homebuyer training; must meet eligibility and income requirements, and provide proof of

income and ID; call or check website for locations

- **[Harry Tompson Center at Rebuild Center](#)**
(504) 273-5577
1803 Gravier St., New Orleans 70112
Monday-Friday, 8am-2:30pm
Services: Free; showers 8am-12pm; phone room 8am-12:30pm and 1:15-2:30pm; restroom facilities; legal aid; notary services; medical services for the homeless only; hygiene kits distributed daily at 8am
- **[Catholic Charities Archdiocese of New Orleans](#)**
(504) 523-3755; toll-free 1-866-891-2210
1000 Howard Ave. Suite 200, New Orleans, 70113
Services: Umbrella agency of diverse programs and ministries delivering health and human services to those with low-income (of all faiths); food and nutrition services; call or visit online for more info
Twitter: twitter.com/cathcharitiesNO
Facebook: www.facebook.com/cathcharitiesNO

[Childcare](#)

- **Child Care Assistance Program (CCAP)**
Run by the Louisiana Department of Education. CCAP helps low- and moderate-income families pay for the child care they need in order to work, look for work, or attend school or training. Your monthly payments will be based on the number of hours you work or attend school or training, the amount charged by the child care provider, and your family size and household income. Find info on CCAP eligibility, how to apply, and more at <https://www.louisianabelieves.com/early-childhood/child-care-assistance-program>
- **Early Head Start and Head Start**
Family-focused child development program that offers education, health, parent involvement, and social services for low income children and their families. All Head Start services are provided at no cost to children and their families. Head Start programs are offered in many different settings, including child care centers, family child care homes, and public schools. Early Head Start provides services to pregnant women and children ages zero to three. "Traditional" Head Start serves preschool children, usually ages three to five. Head Start Center locator tool available here: <https://eclkc.ohs.acf.hhs.gov>

Updated 06/2022