

Recommended Four-Year Plan of Study  
 COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT  
 Bachelor of Science in Human Performance and Health Promotion  
 Exercise Physiology Concentration

Four Year Plan of Study			
First Year of Enrollment			
First Term		Second Term	
Course Prefix & Number	Credit Hours	Course Prefix & Number	Credit Hours
ENGL 1157	3	ENGL 1158 or 1159	3
MATH 1125	3	MATH 1116 or 1126	3
BIOS 1083	3	BIOS 1301	3
EDHP 2110	1	BIOS 1303	1
EDHS 1110	3	EDHP 1090	2
UNIV 1001 <sup>2</sup>	1	Elective	3
<b>Total Hours</b>	<b>16</b>		<b>15</b>
Second Year of Enrollment			
First Term		Second Term	
Course Prefix & Number	Credit Hours	Course Prefix & Number	Credit Hours
BIOS 1311	1	PHYS 1031	3
BIOS 1313	3	PHYS 1033	3
CHEM 1017	3	Social Sciences <sup>1</sup>	3
CHEM 1007	1	EDHP 3210	1
Humanities <sup>1</sup>	3	EDHP/EDHS Elective	3
EDHP 2170	3	Elective	3
EDHP/EDHS Elective	3		
<b>Total Hours</b>	<b>17</b>		<b>16</b>
Third Year of Enrollment			
First Term		Second Term	
Course Prefix & Number	Credit Hours	Course Prefix & Number	Credit Hours
Arts <sup>1</sup>	3	Social Science <sup>1</sup>	3
Humanities <sup>1</sup>	3	EDHP 4222	3
EDHP 3200	3	EDHS 3201	3
EDHP/EDHS Elective	3	EDHP/EDHS Elective	3
Elective	3	Elective	3
<b>Total Hours</b>	<b>15</b>		<b>15</b>
Fourth Year of Enrollment			
First Term		Second Term	
Course Prefix & Number	Credit Hours	Course Prefix & Number	Credit Hours
Humanities <sup>1</sup>	3	EDHP 4998	3
EDHP 3330	3	EDHP/EDHS Elective	3
EDHS or PHIL 4200	3	EDHP/EDHS Elective	3
EDHS 4610	3	Elective	3
Elective	3		
<b>Total Hours</b>	<b>15</b>		<b>12</b>
<b>Total Degree Hours</b>			<b>121</b>

<sup>1</sup> Refer to the following sections in the University Catalog for specific courses and university regulations to fulfill General Education Requirements. Catalog sections: General Education Core Requirements and General Education Course Menu.

<sup>2</sup> Required for all First time Full time students.

Recommended Four-Year Plan of Study  
COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT  
Bachelor of Science in Human Performance and Health Promotion  
Exercise Physiology Concentration

**NOTE:** Refer to the “Degree Requirements” curriculum sheet for specific courses required for the degree.