nina sTEWART

4205 Kent Avenue, Metairie, La 70006 | 504-249-0018 | nstewart05@gmail.com

**education**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Loyola University New Orleans, New Orleans, LA**  2014

Master of Science in Clinical Mental Health Counseling

* Cumulative GPA: 4.0
* 2014 Recipient of the Ignation Award for Outstanding Graduate Student

**University of New Orleans, New Orleans, LA**  2009

Bachelor of Science in Psychology

* Psychology GPA: 3.71; Cumulative GPA: 3.28
* Dean’s List: Spring 2008, Spring 2009, and Fall 2009
* Regent’s Transfer Scholarship Recipient

**Professional PRESENTATIONS**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Foose, K., Cortez, B., Stewart, N., Levitov, J., (2014, September). *When Parenting and Partnering  
 Collide.* Louisiana Counseling Association. New Orleans, LA

Foose, K., Cortez, B., Stewart, N., Levitov, J., (2014, March). *When Parenting and Partnering  
 Collide.* Louisiana Association of Family and Marriage Therapy. Baton Rouge, LA.

Stewart, N. (April, 2013). *Applying Existential Therapy to Suicidal Older Adults.* Loyola University Graduate Research Symposium, New Orleans, LA.

Levitov, J. Stewart, N., Hilinger, T., & Levitov, E. (2013,September). *Family Secrets: A Time to Tell and A Time to be Silent.* Louisiana Counseling Association. New Orleans, LA.

Stewart, N. & Vizzini, M. (April, 2014). *Group Therapy for Families Bereaved by Suicide Utilizing the Dual Process Mode and Logotherapy* *.* Loyola University Graduate Research Symposium, New Orleans, LA.

**INVITED GUEST PRESENTATIONS\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Stewart, N. (2013, May). *Bullying and Cyber-bullying.* Ursuline Academy. New Orleans, LA.

Foose, K., Short, K., Boyer, M. L., Stewart, N. & Bowman, K. (2013, November). *Empathy Lab*. Empathetic listening training for Loyola University Resident Assistants, New Orleans, LA.

**PROFESSIONAL WORK EXPERIENCE** *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* **Family Service of Greater New Orleans**, New Orleans, LA January 2014-Present

*Student Intern*

* Maintain a case-load of individual clients.
* Conduct individual 50-minute sessions.
* Document notes and maintain files for each client.
* Research and implement interventions on a range of client issues including, but not limited to: depression, anxiety, anger management, and trauma.
* Participate in weekly individual and group supervision with peers and mental health professionals.

**Loyola University**, New Orleans, LA January 2013-July 2014

*Graduate Assistant, Department of Counseling*

* Performed various support functions within the department.
* Assisted in the interview process for new students.
* Maintained an updated list of internship sites.
* Updated the departmental calendar of events.
* Performed research assignments for faculty members.

**East Jefferson General Hospital**, Metairie LA February 2010-May 2014

*Psychiatric Counselor*

* Worked in conjunction with mental health professionals to promote the safety of patients.
* Oriented new admits to the unit via paperwork, communication of patient’s rights, rules, and regulations.
* Formulated individualized treatment plans to aid in the development of healthy coping skills.
* Facilitated group therapy sessions for patients across the lifespan with an array of mental disorders.

ACADEMIC RESEARCH EXPERIENCE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Mothers and Preschooler’s Study**, University of New Orleans Aug. 2008-Aug. 2009

*Student Research Assistant*

* Conducted research by gathering data from participants during interviews, questionnaires, and videotaped interactions of mothers and children.
* Administered psychological tests such as the Peabody Picture Vocabulary Test.
* Worked alongside faculty and peers to contribute to the overall productivity of the research project.
* Maintained confidentiality of all participants.

ACTIVIES AND VOLUNTEER EXPERIENCE*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

Multiple Sclerosis Walk Fundraiser March 2014

National Alliance on Mental Illness Walk Fundraiser October 2012-2014

Susan G. Komen Race for the Cure October 2012

East Jefferson General Hospital, Metairie, LA September 2009-November 2009

* Volunteer/Inpatient Adult Psychiatric Unit

Students4Higher Dec. 2009-December 2013

* Student Mentor

**memberships and associations**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Member, Chi Sigma Iota, Counseling Academic and Professional Honor Society 2012-Present

Member, The University of New Orleans International Alumni Association 2011-2012

Mentor Partner, Students4Higher, New Orleans Scholarship Program 2010-Present

Member, Psi Chi, National Honor Society in Psychology 2008-Present

Member, Pi Gamma Mu, International Honor Society in Social Sciences 2009-Present

**LEADERSHIP IN PROFESSIONAL ORGANIZATIONS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Chi Sigma Iota, Counseling Academic and Professional Honor Society 2014-2015

* Executive Board Member, President

Chi Sigma Iota, Counseling Academic and Professional Honor Society

* Executive Board Member, President-Elect 2013- 2014

The University of New Orleans International Alumni Association 2011-2012

* Vice President of Programs

**certification**S\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CPR 2010-Present

Crisis Prevention Intervention 2010-Present